Job Aid:
Scheduling a Wellness Visit through Teladoc

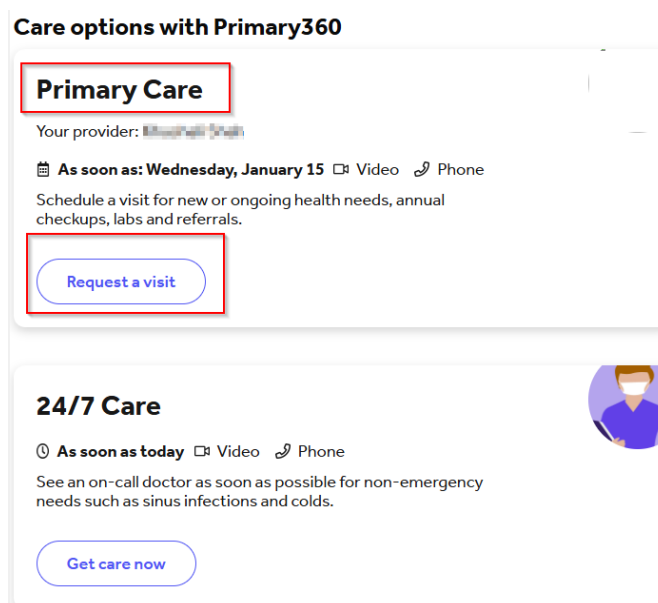| Document Name: Scheduling a Wellness Visit through Teladoc		
Date Written: 1/14/2025	Written by: Melanie Perezalonso	Approved by: Kristi Morrissey
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Overview

This job aid will walk you through the steps to schedule an Annual Wellness visit through Teladoc's Virtual Primary Care (VPC).

Procedure

1. Visit https://www.teladoc.com
2. **Sign In or Register**
   a. **Please keep in mind when registering, you do not need to enter a company code. Please leave box unchecked.**

3. Choose **Request a visit** under **Primary Care**

4. Choose your **State (Location)**

Okay, we need to know where you will be

Please indicate where you'll be located during your visit. You can still see your primary care provider outside of your state of residence.

*Required

Select State *

🔍 California   ⊗

Continue

5. Choose the **reason for your visit**

   a. Choose **Annual Checkup**

   ‹ **Back**

   How can we help you?

   *Required

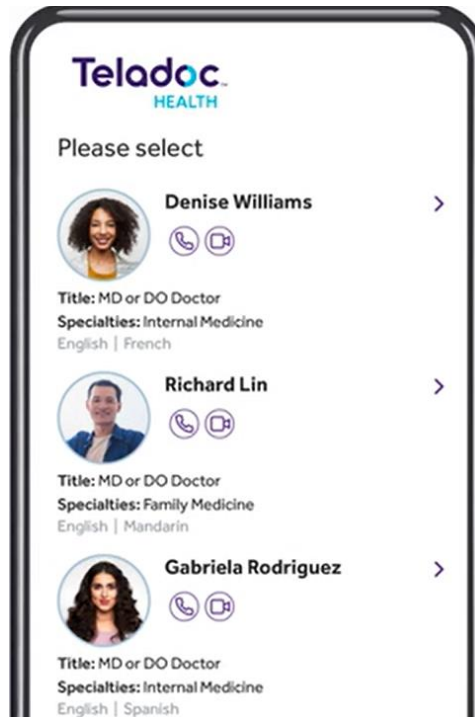   **What's the reason for your visit? ***

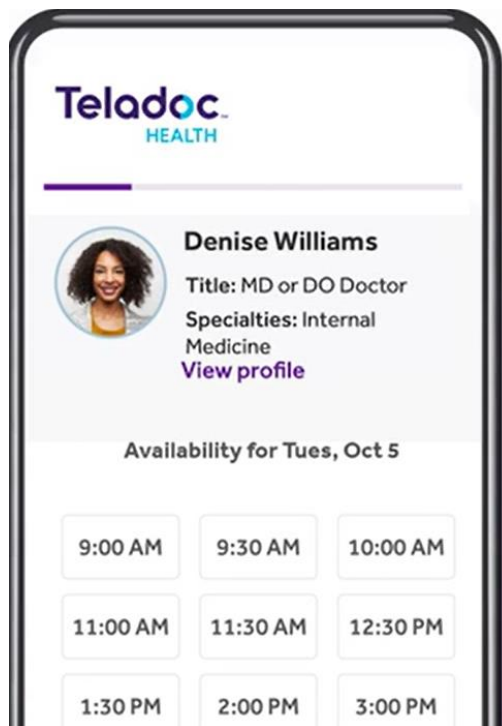   [⌄]

   ⓘ **Explore visit types and their costs**

   Continue

6. Choose a **Provider** you prefer

7. Choose a **Date/Time** that works best with your schedule

8. Choose how you would like to connect **via video call or phone**

How would you like to connect?

☐◄ Video (Recommended) *

☎ Phone *

Continue

9. Confirm **your visit**

Teladoc.
HEALTH

Your visit is confirmed!

Please join your visit at Tuesday, October 5, 2021, 10:00 AM PDT from your computer at **Teladoc.com** or within this Teladoc mobile app.
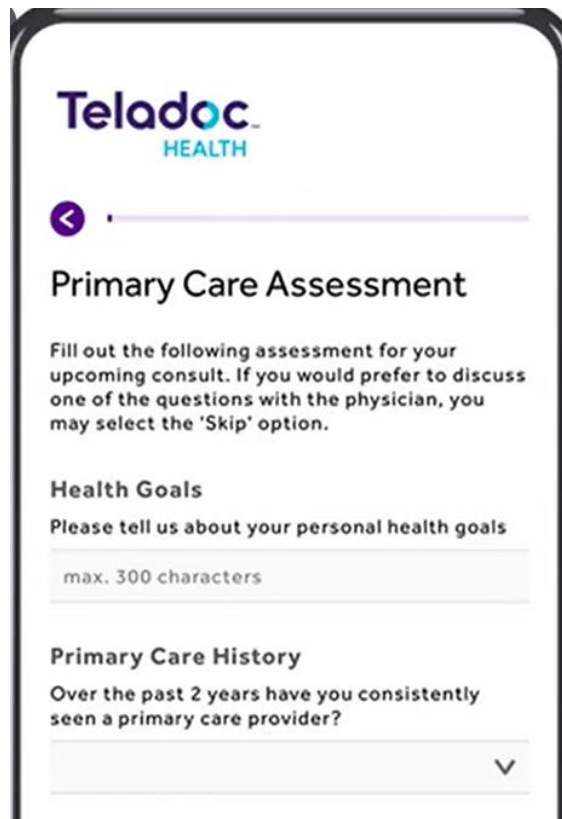
What happens next?

- Next you need to complete a health assessment. Your provider will use this to prepare for your visit and deliver the best care possible.
- For your new patient visit, Teladoc will ship one blood pressure cuff to the address listed on your profile.

COMPLETE ASSESSMENT ›

10. If it's your first time registering with Teladoc, you can complete a **Primary Care Assessment**

11. Complete your **visit with your Primary Care Physician** at the scheduled Date/Time