

Job Aid:

Scheduling a Wellness Visit through Teladoc

Document Name: Scheduling a Wellness Visit through Teladoc		
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Overview

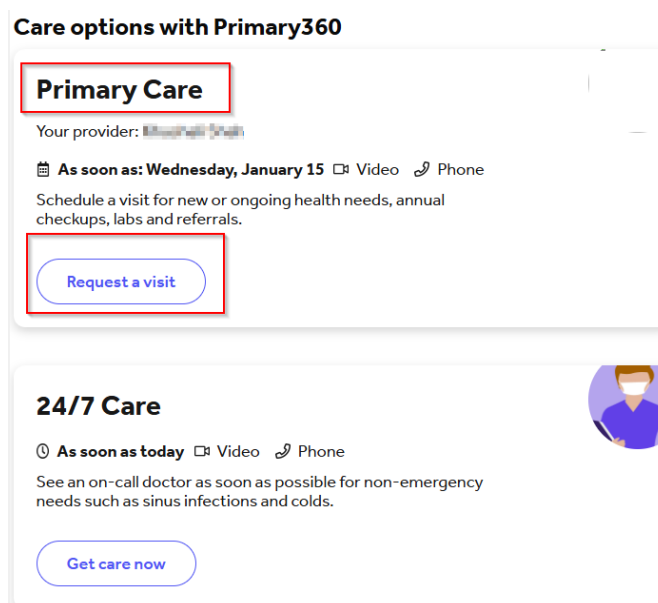
This job aid will walk you through the steps to schedule an Annual Wellness visit through Teladoc's Virtual Primary Care (VPC).

Procedure

1. Visit <https://www.teladoc.com>
2. **Sign In or Register**
 - a. Please keep in mind when registering, you do not need to enter a company code. Please leave box unchecked.



3. Choose **Request a visit** under **Primary Care**



4. Choose your **State (Location)**

Okay, we need to know where you will be

Please indicate where you'll be located during your visit.
You can still see your primary care provider outside of your state of residence.

*Required

Select State *

Continue

5. Choose the **reason for your visit**

a. Choose **Annual Checkup**

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How can we help you?

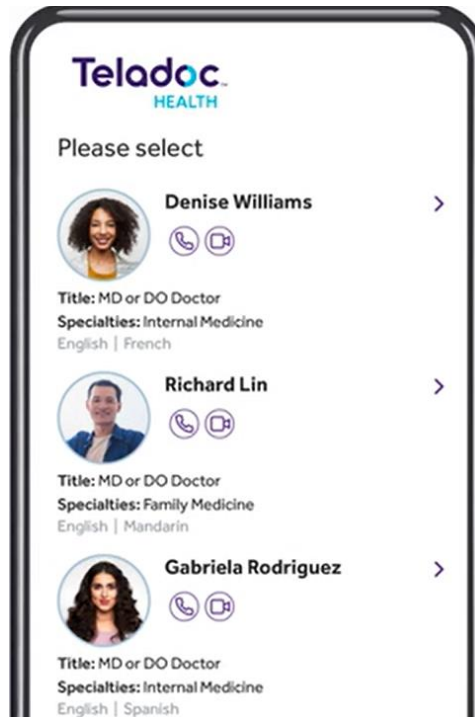
*Required

What's the reason for your visit? *

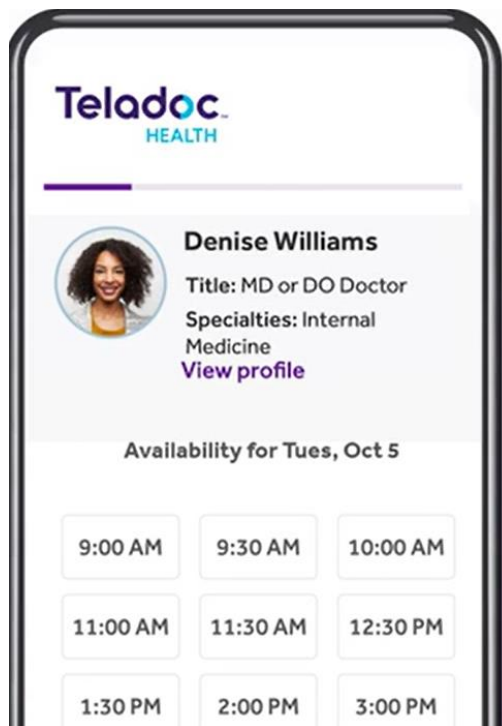
[📘 Explore visit types and their costs](#)

Continue

6. Choose a **Provider** you prefer



7. Choose a **Date/Time** that works best with your schedule



8. Choose how you would like to connect **via video call or phone**

How would you like to connect?



Video
(Recommended)

*



Phone *

Continue

9. Confirm **your visit**

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HEALTH

Your visit is confirmed!

Please join your visit at Tuesday, October 5, 2021, 10:00 AM PDT from your computer at **Teladoc.com** or within this Teladoc mobile app.

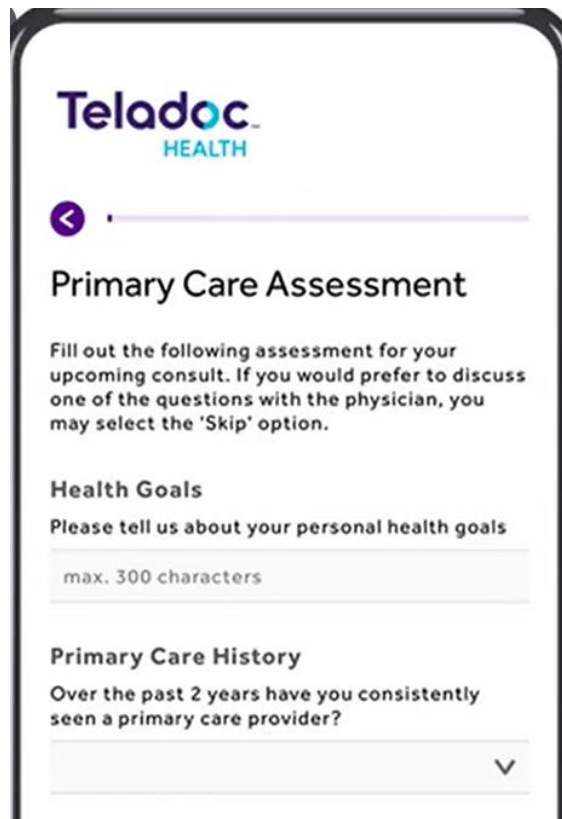
What happens next?

- Next you need to complete a health assessment. Your provider will use this to prepare for your visit and deliver the best care possible.
- For your new patient visit, Teladoc will ship one blood pressure cuff to the address listed on your profile.

COMPLETE ASSESSMENT



10. If it's your first time registering with Teladoc, you can complete a **Primary Care Assessment**



The image shows a mobile app interface for a 'Primary Care Assessment'. At the top is the 'Teladoc HEALTH' logo. Below it is a back arrow icon and a progress indicator. The title 'Primary Care Assessment' is prominently displayed. A paragraph of text explains that the user should fill out the assessment for their upcoming consult, with a 'Skip' option available. The form is divided into two sections: 'Health Goals' and 'Primary Care History'. The 'Health Goals' section has a text input field with a 'max. 300 characters' limit. The 'Primary Care History' section asks if the user has consistently seen a primary care provider in the past 2 years, with a dropdown menu for the answer.

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HEALTH

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Primary Care Assessment

Fill out the following assessment for your upcoming consult. If you would prefer to discuss one of the questions with the physician, you may select the 'Skip' option.

Health Goals
Please tell us about your personal health goals

max. 300 characters

Primary Care History
Over the past 2 years have you consistently seen a primary care provider?

▼

11. Complete your **visit with your Primary Care Physician** at the scheduled Date/Time

